ZUMBA®
gold

FIT FOR THE YOUNG AT HEART

GET ACTIVE WITH GREAT PEOPLE AT THE DANCE PARTY WORKOUT THAT MOVES AT YOUR PACE.

FOR CLASS DETAILS
CONTACT YOUR LICENSED ZUMBA® INSTRUCTOR:

RITA OLSEN B1, ZG, ZT

403 401-0090

zumba.com - ritao.faashion@gmail.com

Zumba Gold is a program that combines Latin and dance rhythms created in Zumba fitness and brings them to the older active adult, the beginner participant and to those with special needs. Join me at Woodcreek Community Center- 1991 Woodview Dr. SW Mondays from 11:45 -12:30 pm. Drop in class is $10. Punch cards available for less.

"FEELING GREAT ZUMBA DANCE FITNESS "FORGET ABOUT THE WORKOUT"

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JOIN THE party™

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